



REDBRIDGE INTERNATIONAL ACADEMY

K-12 International School

DAY/ WEEKLY/REGULAR BOARDING

ICSE, IGCSE, IBDP & ISC

NEWSLETTER
MARCH EDITION
ACADEMIC YEAR
2025-26

Distribution of Certificates and Medals – SOF IMO – 3rd March

We are pleased to inform that the certificates and medals for the SOF International Mathematics Olympiad (IMO) were distributed to the winners during today's school assembly. The students were recognized for their commendable performance in the examination.



Photo Gallery:

[https://drive.google.com/drive/folders/1vB-nPylmhvU2eGOekUPoOQy_Ue4veH7I?usp=drive link](https://drive.google.com/drive/folders/1vB-nPylmhvU2eGOekUPoOQy_Ue4veH7I?usp=drive_link)



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Successful Completion of QShala Quiz & Announcement of Winners – 4th March

Learn, Explore, Experience: Students across all grades engaged in skits, math applications, art activities, games, and collaborative projects. The Logiquids Second Round Exam and the Mindspark Mindgym Quiz for Grades 3–8 were also conducted.



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Karate Belt Ceremony – Successfully Conducted – 10th March

Explore, Innovate, Discover: Students showcased creative science exhibits and working models, confidently explaining their ideas to visiting parents and celebrating the spirit of scientific inquiry.



Photo Gallery:

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World Art Day Celebration – Grade 4 -12th March

The students of Grade 4 celebrated World Art Day (15th April) in today's school assembly (as exams commence). The students enthusiastically showcased their creativity during the celebration.



Photo Gallery:

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Purple Day celebrations by Pre-Primary students – 13th March

Our Pre-Primary students celebrated Purple Day today with great enthusiasm. The children came dressed in various shades of purple, creating a cheerful and vibrant atmosphere.

They explored different purple-colored objects and pictures and began the day by singing fun purple color songs. The students also enjoyed making creative art and craft for their scrapbook activity and take-away.



Photo Gallery:

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IIMUN Orientation Conducted – 25th March

An orientation session on IIMUN was conducted today for the students of Grades 7 to 11. The session provided valuable insights into the program, its structure, and the opportunities it offers for student development.



Photo Gallery:

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Guidelines for Effective Exam Preparation and Student Well-being

Guidelines on effective exam preparation and student well-being were shared with our students as the examination season approaches. The communication focused on structured study habits, avoiding last-minute preparation, and building conceptual understanding.

Students were also encouraged to maintain a healthy routine and positive mindset for overall well-being.

Guidelines for Effective Exam Preparation and Student Well-being

Dear Students and Parents

This students and their caregivers parents you need like to parenh ore (fale u papent that trst stantites of the luthing the prammnes, all topics, the exact intensions to done are rare topics, exceelling subjects and mawlodng vodmets to the properters while mairtaining boest overing.

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Toon the Break the wal hing v an ranguced blocks to, 00ft (Break study sessions into the t60n.1,00?) followed by short breaks. . . .*

1 Plan Strategically



- Create a realistic timody timerting a realistic study timetable.
- Prioritize revision of completed portions before starting new topic
- Allocate more time to challenging subjects, challenging subjects coverage. Followed by short breaks

2 Avoid Last-Minute Cramming



- Begin revision early to allow multiple revisions.
- Focus into understanding concepts rather than rote memorization.
- Practice previous years' papers and timed mock tests to build exam confidence.

3 Maintain Physical Well-being



- Ensure 7-8 hours of uninterrupted sleep daily.
- Stay hydrated and consuming balanced meals rich of fruits, vegetables, proteins, and whole grains.
- Avoid excessive caffeine and junk food from particularly late in the evening.

4 Manage Screen Time



- Limite non-essential gadget usage.
- Avoid late-night screen exposure, which affects sleep quality.
- Use digital devices only for productive academic purposes.

5 Build Emotional Resilience



- Maintain positive effort focus on on effort and progress rather than comparison with peers.
- Speak in openly with a support team, parents, teachers, or school counselors.
- Practice deep breathing or short mindfulness exercises to manage anxiety before and during exams.

6 Role of Parents



- Provide a calm and supportive environment at home.
- Encourage consistent routines for study, sleep and meals.
- Avoiding excessive pressure comparisons with other students.

Examinations assess preparation—not personal worth. Consistent effort, disciplined planning, and emotional balance are of at more minute intensity. Our teachers and counselors remain require academic of emotional support every period. Lets us work together to joused that thile preparation and success.

*Warm regards:
Academic Leadership Team
Redbridge International Academy*



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Successful Conduct of Graduation Ceremony - 28th March

Graduation Ceremony was held on 28th March for our students of K2, Grade 10, and Grade 12. It was a memorable occasion celebrating the achievements and milestones of our students.



Photo Gallery:

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